

Long Distance Event

Saturday 6th December 2025

Broughton Leisure Centre, Salford

Licence No: 4NW251629



1. Introduction

- 1.1. The City of Salford Swimming Club (hereinafter 'the Club') Internal Meet (hereinafter 'the Meet') will be held in accordance with the relevant FINA/Swim England/IPC Technical & Judicial Rules/Laws.
- 1.2. Bona Fide Coaches and Team Managers requiring access to the poolside must be in possession of a Pass issued by the Club. It is mandatory that all Coaches comply with the relevant Swim England Child Protection Procedures and have an up to date DBS certificate.
- 1.3. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Meet Director.
- 1.4. This Meet is an Internal Competition and for COSSC swimmers who are selected to swim.
- 1.5. The meet uses Colorado Timing System with Electronic Scoreboard. A strobe light is available if needed.

2. The Meet

- 2.1. Entry to the meet will be by selection of the swimmers coach.
- 2.2. Age for the competition will be as of 31^{st} December 2025.
- 2.3 The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

3. Para Swimming competitors

- 3.1. Swimmers with a disability shall swim under IPC Rules.
- 3.2. Qualifying times for para-swimming competitors are not required. However entry times shall be submitted for the purpose of seeding the heats.
- 3.3. Personal Care Attendants/Coaches: Personal care attendants are permitted to accompany a swimmer if they agree so beforehand with the Meet Director. A swimmer in any of these classes may have both a coach and a personal care

attendant present. No charge will be applied for personal care attendant. Poolside passes; coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current CRB certificate.

3.4. Competition format: The competition format will be based on disability inclusion within the able bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times.

4. The Events

4.1. There will be three events 400m, 800m and 1500m and each will be mixed boys/open and girls

5. Awards

5.1. There will be no medals at this gala, it is for timing purposes only

6. Submission of entries

- 6.1. Sportsystems shall be used to manage the entries.
- 6.2. Entry fees for each event shall be £5.00.
- 6.3. Payment to be made Swim Manager Invoice
- 6.4. There are no qualifying times for this competition.
- 6.5. Entrants must be a Category 1 or 2 member of the City of Salford Swimming Club.
- 6.6. Entry times are not needed for this event
- 6.7 Closing Date for entries 20th November 2025

7. Confirmation of entry

7.1. Accepted swimmers will be notified as soon as possible

8. Meet procedures

8.1. Competitors are responsible for presenting themselves to the Marshalling area one event prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.

9. Other

9.1. Photographs and Video of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition.





- 9.2. Any swimmer/team failing to comply with any of the foregoing conditions may not be allowed to compete in the Meet.
- 9.3. All other matters regarding the running and administration of the Meet shall be at the discretion of the promoter or their agent(s).
- 9.4. City of Salford Swimming Club accepts no responsibility for loss or damage to competitor's

personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Salford Swimming Club.

PROGRAMME OF EVENTS

EVENT No	EVENT	AGE
101	Female 800m Freestyle	9 & over
102	Male/Open 800m Freestyle	9 & over
103	Female 400m Freestyle	9 & over
104	Male/Open 400m Freestyle	9 & over
105	Female 1500m Freestyle	9 & over
106	Male/Open 1500m Freestyle	9 & over

Entry Via Swim Manager All swimmers must have a valid coach time to enter

